

Creating “Present” and “Future” with Children

Toward achieving the society filled with children’s smiles, based on the dialogue with children, the Tokyo Metropolitan Government has summarized initiatives from children’s point of view for “Action for Children’s Futures”.

The following 17 pages are described by using the words easily understood by children.

We will value the views of children as main characters

I hope that there are some opportunities where children can discuss and express various views.



I hope children's views will be positively adopted in order to enhance children's willingness.



I wish for a society where children's views are respected as much as those of adults.



I hope children's views are also heard, recognized and implemented.



We will create the society filled with children's smiles

Children can grow up healthily and in their own way

People in the whole society value children

People can raise children with confidence

We will think about what is the best for children with them.

The entire society will enhance the feeling of "valuing children".

We will continue to support child-rearing generation.



The Tokyo Metropolitan Government Basic Ordinance on Children



Children are irreplaceable beings and the main character of rights

- Children have **their own rights**, which **all people** have as natural rights.
- Children's rights should be respected.

Children's happiness should be prioritized.

- Adults will **put the best interests of children first**.

Children's views should be respected

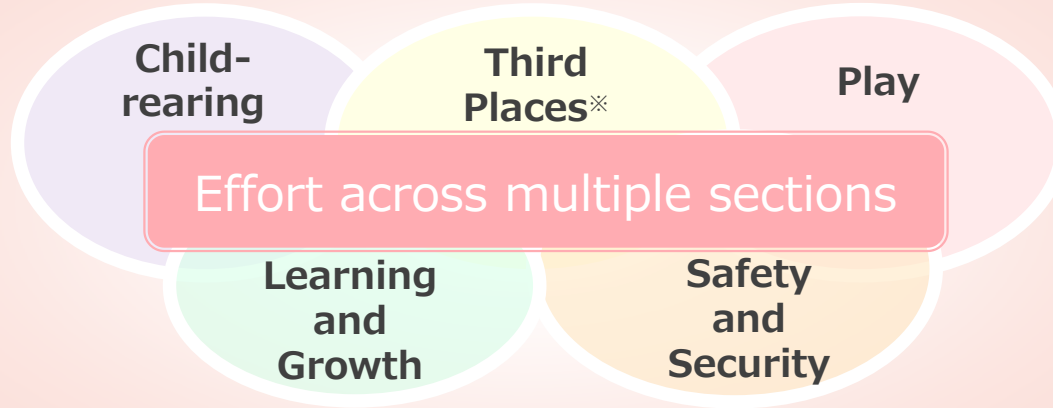
- **Children's views** are **valuable** and **precious**.
- Adults will **deal with** children's views **properly**.



Through various challenges, we will create the communities filled with children's smiles

【Effort 1】 We will provide support to resolve children's anxieties and concerns

【Effort 4】 We will provide support for children's smiles across society

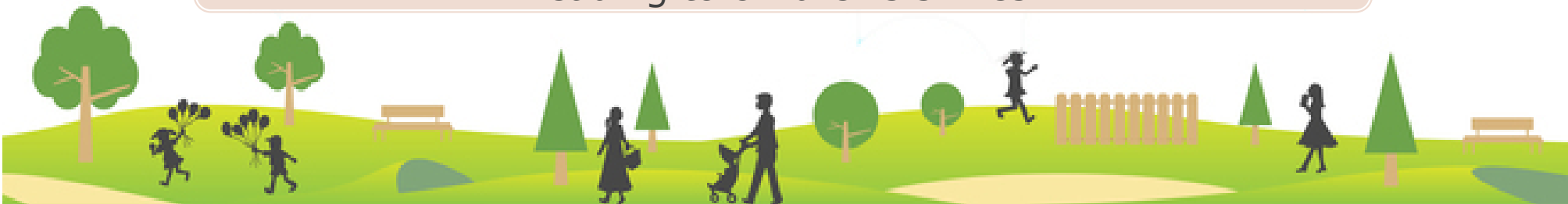


【Effort 2】 We will support child-rearing generation

※Third place other than in school and at home

【Effort 3】 We will support children's learning

In cooperation with municipalities, we will promote efforts leading to children's smiles



Children's Growing Up in Infancy

Support for "Children's Growing Up" refers to providing direct support for children's growing up.
Support for "Child-rearing" refers to providing support for children through their guardians.



Regardless of our choosing kindergarten or day care center, we desire development of the environment where children can grow up healthily.



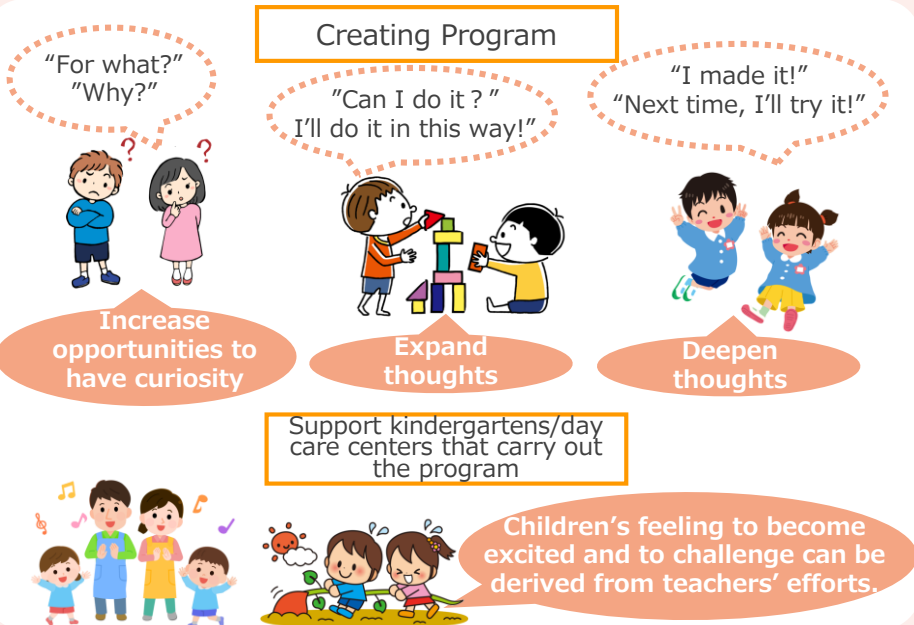
We want to provide our children with various experience.



Even without going to kindergartens or day care centers, we want to have the places where children can spend their time with various people.

Support for "Making Progress/Growing Up" through common growing-up program

- By making use of the program common to kindergartens and day care centers, we will support children's growth.
- Through themes including nature and music, we will nurture children's sense of wonder and excitement and the feeling of immersing oneself in challenges.



Creation of places where stay-at-home children can spend time together with other children

We will create places where the children who do not go to kindergartens or day care centers can spend their time with the friends of the same ages or close in age not "temporarily" but "repeatedly".



We can spend worry-free time even if there is no guardian to take care of children due to sickness etc.

Temporary Day Care



Children can grow up through play with their friends and interactions with teachers.

Regular Day Care



Effort across multiple sections

Creation of Connection for Child-rearing

My parents' house is located far away, and there is no one that I can rely on.

I feel worried about my first childbirth

I want to talk to someone about the difficulties in child-rearing.

Personalized Support during pregnant period and child-rearing period

In accordance with children's and their guardians' situations, people in various positions provide attentive support for child-rearing families.

Any trouble can be consulted in the meeting for pregnant women.

Anxieties can be mitigated through consultation

Staff members specialized in child-rearing provide advice and support

Local people provide support for child-rearing
(Examples) Visiting children to conduct hearings, going to parks together with children etc.

If in trouble with child-rearing, people can feel relieved due to having someone to rely on.

People can become confident in child-rearing.

People can have connection with their neighbors

Real Connection

I want to enjoy online conversation safely.

Safe Consultation via SNS

We will listen to small troubles and concerns in daily lives.

Feeling slightly gloomy

Chat

[Possible to choose conversation partner]

Virtual Connection

Anxieties can be mitigated through conversation

I want to have a robot whom I can ask everything immediately.

Casual Information Collection via AI

According to personal concerns, we will deliver necessary service information.

Tweet

[Analysis via AI]

Third Places

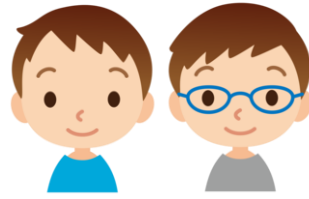
Desired information is delivered without need to search

Promotion of "Play" Leading to Children's Smiles

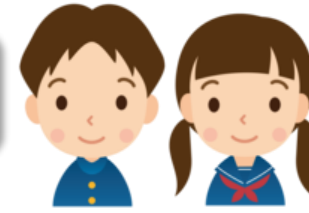


We want more places to be created where we can enjoy playing freely.

We want to fully enjoy playing with balls.



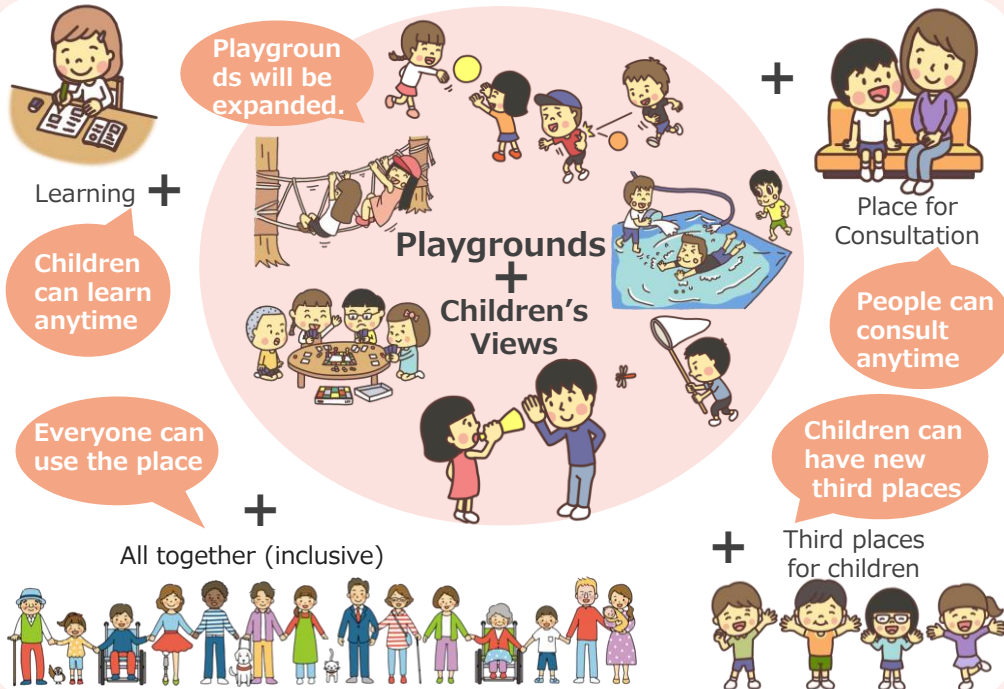
I want to interact more with friends other than from school or adults.



I want some third places where we can play and study for free.

Creating "Playgrounds"

We will create the places where children can play freely and free from all care. We will increase the places where children can do other various things as well as "play".



Creating Opportunities for "Play"

We will hold "play" experience events where children can challenge with their free thoughts.



Creation of Circumstances to Protect Children from Accidents



I'm not sure about what we should be careful in our daily lives.



We want to enjoy our play safely.



I'm not sure on which website we can search for accidents.

How to convey the key points to be careful about in an easy-to-understand way.

We will spread the measures to prevent accidents from children's points of view.

Conveying age-appropriate preventative measures for children



Infants



Elementary School Students



Junior high school/ High school students

Children find the preventative measures that suit themselves.

Spreading preventative measures by books and movies



Acquiring preventative measures through various methods.

Teaching preventative measures at home and in school.



People can learn preventative measures.



Creating safe environment

We will promote to create safe environment by researching accidents.

Considering preventative measures by researching accidents



Discussion by experts etc.



Experiments by researchers



Accidents can be reduced by preventative measures found.

Developing environment to prevent accidents

Corporations will create safe products.



Preventative measures will implemented in houses and apartments.



There will be more safe places.

Organizing information of accidents to make it easier to be found

Collecting scattered information of accidents.

Creating database for information of accidents

Various data can be browsed on PC.



Metropolitan Police Department



Tokyo Fire Department



Hospitals



Kindergartens/schools



Consumer Life (Products)



Households

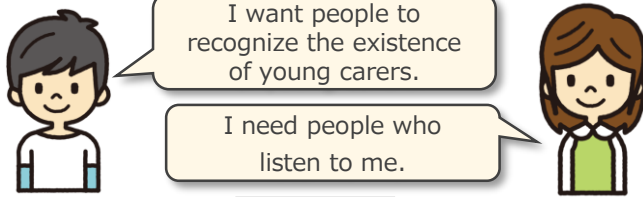


People can search for accidents



Support for Young Carers

“Young carers” refer to the children who provide housework and take care of family members on a daily basis, which originally should have been performed by adults.



Circumstances where children could raise their voices

We will provide considerate support for “voices” of young carers.

As people recognize young carers, they can raise their voices.

Website for young carers

People around young carers recognize them.

People around young carers understand them.

Training for people engaged in welfare and education sectors.

Deepening people's understanding about “young carers”.

Support by school social workers*

Listening to children's “voices”.

Visiting lectures to public high school

System to provide support with everyone's cooperation

People from various sectors will provide support.

Exchanging views with everyone

People from welfare and education sectors hold a meeting to examine support measures.

Support through connecting sectors

Specialized staff members will be assigned to connect children with necessary support

Support according to individual needs

We will provide support by valuing children's feeling.

Fostering empathy with friends

Online connection is also available.

Sharing and consulting concerns with people with similar experiences

Having third places

Creating third places for children

*School social workers: School staffs specialized in welfare to support children and their families.

Support for Children whose native languages are not Japanese



As I cannot understand Japanese, it is hard to me to study in school.



I have no idea with whom I should consult.



I want to make friends.

I need the third places which I can visit anytime.



Delicate Support for Studying Japanese

We will increase the opportunities to study Japanese.

I can get used to school earlier.



We will increase the number of Japanese teaching classes.



Even if children cannot understand something, they can ask about it soon.

We will increase the number of people who support Japanese study.

I can learn Japanese from teachers who live far away.



Virtual Study Space

Children can even study by themselves.



Textbook available for learning on the terminal device provided for every student etc.



Support suitable for each child.



Support for Japanese learning and school lives of public high school students

System where children can consult their troubles and worries

We will connect troubles and concerns with necessary support.

Coordinator for multicultural children

Children can feel relieved if there is someone who listens to them.



Children can directly consult with a counselor.



We will create the system where children can feel free to consult with a counselor.

Children can consult with a counselor even if they cannot meet him/her directly.

Mentors for multicultural children



Children can consult with a counselor by making use of chat function.



Creating third places where children can go everyday to connect with people

We will increase the number of third places where children can meet a lot of people.

Consultation



Children can meet various people.

Interaction



Learning



We will increase the number of third places for "learning", "consultation" and "interaction".

Children can have more friends.



Children make friends with various people through participation in the events to learn culture.

Youth Health Care



I have few opportunities to learn about my body.



Understanding for bodies and sexuality has not spread.



I want to feel free to consult with someone to help me solve problems.



Hurdles for seeking diagnosis in obstetrics and gynecology hospital is high.

Recognition of Changes in Bodies

- We will **provide classes by doctors** in public high schools.
- **Teachers** deepen their **understanding** as well.
- Good efforts will be **shared with other schools**.

Open Classes



Various kinds of information and knowledge can be obtained.

Training for Teachers



Enhancement of abilities to teach about health

Youth can be understood by adults around.

Adults can also learn

- We will establish **the website created from Youth's points of view**.
- We will secure the opportunities **for guardians to learn** as well.
- We will bolster **the efforts by municipalities**.

Information Delivery via website



Lectures for guardians



Support for efforts made by municipalities



Support for consultation, health education, public awareness etc.

Provision of Considerate Support for Concerns

- We will create consulting service which children **can feel free to use**.
 - **Youth-friendly** counselors.
 - Based on youth's views, **sanitary goods, snacks and soft drink** are also prepared.

Places/methods for various consultations

Telephone, face-to-face, email, online, school (school nurse's office)



Youth can feel free to receive consultation (menstrual pain, genitals, acne, body shape, gender identity etc.)

Making diagnosis in the hospital easier

- We will make **provision of consultations by the experts** including doctors and nurses possible.
- We will make it possible for people to receive **proper advice for seeking diagnosis in the hospital**.

Youth can eliminate the concern "if I should visit the hospital" by consulting service.

Youth can access to appropriate medical treatment when necessary.

[Effort 1] We will provide support to resolve children's anxieties and concerns.

We will provide more support for children have problems and for those who are worried about body and mind.



I hope there will be no person who looks sad.

We will help children who need more special support.

In the case of having troubles such as bullying, children can feel free to consult with school counselors etc.



Children who are unable to attend school have a "third place" to go to.



Children have places to consult about their anxieties when they feel sad.



It will also become easier for children who need aids by nurses etc. to go to school.



Children who are injured by their guardians etc. can get help.



etc.

I hope I can have the third places other than school.



We will create the places where children can consult with counselors and the third places.

Children can feel free to consult by using smartphone and PC.



Children can obtain the third places other than in school and at home.



etc.

I hope there are many places where I can feel free to do exercise.



We will support growth of children's bodies.

Children can enjoy exercise in school.



Children can play sports in the places other than school as well.



etc.

[Effort 2] We will support child-rearing generation

We will continuously provide a wide variety of support so that people in child-rearing generation can feel secure about having childbirth and raising children under all circumstances.

If their parents are facing a difficult time, I don't think children can live vibrantly



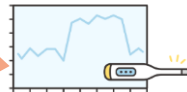
Pre-Pregnancy Support



"Kounotori (Stork)" as advisor for people trying to conceive

Information regarding infertility test/treatment and test for recurrent pregnancy loss is summarized in an easy-to-understand way.

People who suffer from infertility/recurrent pregnancy loss can receive treatment without worrying about money or work.



People can obtain correct knowledge regarding freeze storage of ovum.

etc.

Support for Pregnancy/Childbirth



People can receive information regarding childcare apparatus and support for child rearing.

Everyone can take interview for pregnant women and receive continuous support as required.



People can consult their various troubles regarding pregnancy and childbirth.



etc.

Support Parents Rearing Children

Children of age from 0 to 18 can always live with peace of mind.



People can receive help for housework/child-rearing after childbirth.

People can leave their children at day-care centers when necessary.



We will provide the space where child-rearing families can feel free to use when they take trains.



etc.



Pre-Pregnancy



Pregnancy/Childbirth



Child-rearing Period

[Effort 3] We will support children's learning

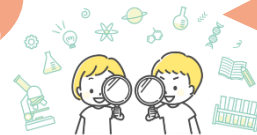
Focusing on the personality and ability of each child and providing delicate support

I hope schools will provide interesting classes.



We will put learning by utilizing strengths of Tokyo.

Children can get the chance to contact with cutting-edge technology of Tokyo



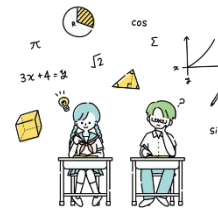
There are some elementary schools that have classes provided by the teachers specialized in science and PE.

English and PE classes can be taught by visiting instructors.

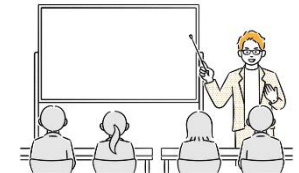


etc.

We will develop the personality and ability of each child to the maximum extent.



Children can work harder on their strongest subject such as mathematics and science etc.



People can learn necessary matters in school after they become adults.



Children can hear from the people who have established their own companies about their experiences.

etc.

We will support children who aims at challenging in foreign countries.



Presentation contests in English are held.



Children will have more opportunities for studying abroad and international exchanges.



Children can study English by lodging together.

etc.

We will support learning for all children.

Both children with disabilities and those without disabilities can learn together.



Children with disabilities can learn what is necessary to work and go to the next stage of education.



Children can study for entrance examinations in school.



etc.

[Effort 4] We will provide support for children's smiles across society.

We will promote the efforts leading to children's smiles in collaboration with companies, schools and municipalities.



I want to change the society where people consider crying babies as "annoying".

We will increase the number of people engaged in promoting efforts.

In order to create the society where children are valued, a lot of people should be required to be engaged in the efforts.



As such!

We have been helping companies and schools make efforts in various ways.



For example...

Providing **support** for the event by **inviting companies** that desire to hold events in various places within Tokyo.

Widely introducing the efforts by companies/schools as good role models as a reference for the companies/schools that are going to make efforts for the future.



I want to learn not only from knowledge but by thinking and acting on my own and have various experiences.

Creating places for "Play/Learning/Experience".

Tokyo Metropolitan Government Website for Children



Its design and usability has been more and more improved.

Updating website by listening to children's ideas and views

"Great adventures that make children smile"

TMG and companies conduct various events/efforts.



Children can have a wide variety of experience during summer vacation.



Children give presentations about play and learning



Children participants in the events give presentations about their experience as their culmination of learning.

Events for Children

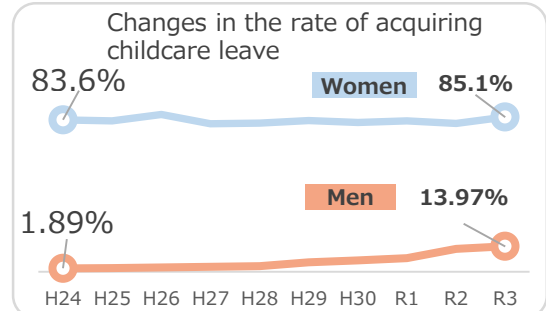
Introducing the efforts made by TMG through various events.



I believe child-rearing is not just mothers' work.

We will create the society where both men and women can be engaged in "Ikugyo"※.

※Nickname for childcare leave



(Materials) Created based on "Basic Survey of Gender Equality in Employment" by Ministry of Health, Labour and Welfare

Childcare is not "holidays" but "important work".

Disseminating importance of "Ikugyo" by distribution of movie
Introducing best practices in companies



Support for the companies that promote "Ikugyo"



Subsidies for the companies that encourage men to take "Ikugyo".

In cooperation with municipalities, we will promote efforts leading to children's smiles.



We have questions and troubles about child-rearing... ?



We want to enjoy playing sports greatly.



We need various kinds of playgrounds in our neighborhood.

Efforts Leading to Children's Smiles by Municipalities

Hino City



"Miraiku" as the landmark for child rearing, which is to be opened at the end of 2023 (scheduled).

"New Sports Program" where everyone can join.



Skateboarding Classes held at stylish skateboarding park



Koto City

Open field park where people can gather anytime.



Fuchu City

New application to support child-rearing families



Kiyose City

Children's center, library and central park combined into one facility



Musashino City

Park under elevated road to be rebuilt



※The photographs and conceptual perspective images of initiatives are provided by the relevant municipalities that have made such efforts.