

You might be feeling anxious or down about life or parenting, but relax.

You can talk about anything.

There's someone here for you.



It's free

Consultation chat for children and families



Gyutto Chat

You can chat
with a counselor.



* You can also make
an appointment.

You can
remain anonymous.

Nickname



You can choose
your counselor.



TOKYO
METROPOLITAN
GOVERNMENT

Gyutto Chat

